



2ND ANNUAL JOHN HANCOCK SPORTS & FITNESS EXPO

Admission
is FREE!

SPORTS MEDICINE SYMPOSIUM

Meet the
Doctors!
Booth #1823

Produced by:



John Hancock
the future is yours

Saturday, April 18th and Sunday, April 19th | 10:00 am - 5:00 pm
Hynes Convention Center, Boston, MA | Room #201

SATURDAY, APRIL 18TH

10:00 am – 10:10 am	<i>Welcome</i>	
Host:	Lyle Micheli, M.D., Director, Division of Sports Medicine Children's Hospital Boston	
10:15 am – 11:00 am	Session I:	<i>"Special Considerations: The Child Runner"</i>
Presenter:	Lyle Micheli, M.D., Director, Division of Sports Medicine Children's Hospital Boston	
11:15 am – 12:00 pm	Session II:	<i>"The Competitive Edge: 7 Mental Strategies for Running Boston"</i>
Presenter:	Jeffery Brown, PhD., ABPP, Harvard Medical School, McLean Hospital	
12:15 pm – 1:00 pm	Session III:	<i>"Female Athlete Triad/Nutrition In Marathon Runners"</i>
Presenter:	Kathryn Ackerman, M.D., MPH Primary Care Sports Medicine, Children's Hospital Boston Endocrinology, Brigham and Women's Hospital	
1:15 pm – 2:00 pm	Session IV:	<i>"Using Biomechanics to Predict Running Injuries"</i>
Presenter:	Thomas Vorderer, DPM, Division of Sports Medicine Children's Hospital Boston	
2:15 pm - 3:00 pm	Session V:	<i>"Knee Pain in the Runner"</i>
Presenter:	Michael O'Brien, M.D., Division of Sports Medicine, Children's Hospital Boston	
3:15 pm – 4:00 pm	Session VI:	<i>"Hydrate SAFELY for Your Marathon"</i>
Presenter:	Arthur J. Siegel, M.D., Director of Internal Medicine, McLean Hospital, Assistant Clinical Professor of Medicine, Harvard Medical School	
4:15 pm – 5:00 pm	Session VII:	<i>"Ask The Experts: Panel Q&A"</i>
Presenters:	Kathryn Ackerman, M.D. Thomas Vorderer, DPM Lyle Micheli, M.D.	Jeffery Brown, PhD. Arthur Siegel, M.D. Michael O'Brien, M.D.

SUNDAY, APRIL 19TH

10:00 am – 10:10 am	<i>Welcome</i>	
Host:	Kathryn Ackerman, M.D., MPH Primary Care Sports Medicine Specialist, Children's Hospital Boston Endocrinology Fellow, Brigham and Women's Hospital	
10:15 am – 11:00 am	Session I:	<i>"The Thermias – Hypo and Hyper, Prevention and Treatment"</i>
Presenter:	Pierre A. d'Hemecourt, M.D., Division of Sports Medicine, Children's Hospital Boston, Asst. Medical Director BAA Boston Marathon	
11:15 am – 12:00 pm	Session II:	<i>"The Competitive Edge: 7 Mental Strategies for Running Boston"</i>
Presenter:	Jeffery Brown, PhD., ABPP, Harvard Medical School, McLean Hospital	
12:15 pm – 1:00 pm	Session III:	<i>"Female Athlete Triad/Nutrition In Marathon Runners"</i>
Presenter:	Kathryn Ackerman, M.D., MPH Primary Care Sports Medicine, Children's Hospital Boston Endocrinology, Brigham and Women's Hospital	
1:15 pm – 2:00 pm	Session IV:	<i>"Using Biomechanics to Predict Running Injuries"</i>
Presenter:	Thomas Vorderer, DPM, Division of Sports Medicine Children's Hospital Boston	
2:15 pm - 3:00 pm	Session V:	<i>"Sudden Death in the Endurance Athlete"</i>
Presenter:	Bridget Quinn, M.D., Division of Sports Medicine, Children's Hospital Boston	
3:15 pm – 4:00 pm	Session VI:	<i>"Exertional Leg Pain in the Athlete"</i>
Presenter:	William Meehan, M.D., Division of Sports Medicine, Children's Hospital Boston	
4:15 pm – 5:00 pm	Session VII:	<i>"Ask The Experts: Panel Q&A"</i>
Presenters:	Kathryn Ackerman, M.D. Thomas Vorderer, DPM Bridget Quinn, M.D.	Jeffery Brown, PhD. Pierre A. d'Hemecourt, M.D. William Meehan, M.D.

* Schedule may be subject to change.

*Capacity is limited to 100 and will be based on first come, first served basis so arrive early to guarantee a seat!